

Date	\$\$,ck cc,dc	Transaction	Amount

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Date	\$\$,ck cc,dc	Transaction	Amount

TRACK THE MONEY YOU SPEND

These simple tracking sheets are the same size as paper money. Cut them out with a scissors. For the next fourteen days, always have a tracking sheet with your cash, plastic cards and checkbook. *Whenever you spend one dollar or more ... write down the exact amount within 60 seconds.* You will use this detailed information when creating an accurate SNAPSHOT of your monthly expenses.

(\$\$ = cash; ck = check; cc = credit card; dc = debit card)